



## Specialty Drinks

### Caramel Toffee Truffle –

12 oz - \$3.79 | 16 oz - \$4.35 | 20 oz – \$4.89  
Espresso, vanilla syrup, toffee nut, caramel, breve

### Almond Joy

12 oz - \$3.59 | 16 oz - \$4.15 | 20 oz – \$4.69  
A mocha with almond & coconut syrups

### Snickers

12 oz - \$3.59 | 16 oz - \$4.15 | 20 oz – \$4.69  
A mocha made with caramel & hazelnut syrups

### Milky Way

12 oz - \$3.59 | 16 oz - \$4.15 | 20 oz – \$4.69  
Espresso white chocolate, dark chocolate,  
Caramel syrup, steamed milk

### Crème’ Brulee

12 oz - \$3.59 | 16 oz - \$4.15 | 20 oz – \$4.69  
Espresso, vanilla, butterscotch, breve

### Chocolate Mousse

12 oz - \$3.59 | 16 oz - \$4.15 | 20 oz – \$4.69  
Ultimate chocolate experience for those who want  
It all – a mocha made with half & half

### Caramel Crave

12 oz - \$3.35 | 16 oz - \$3.85 | 20 oz – \$4.25  
Our silky smooth latte with caramel syrup

### Mocha

12 oz - \$3.35 | 16 oz - \$3.85 | 20 oz – \$4.39  
A latte made with a shot of chocolate



## Numi Leaf Teas

**All Teas:** 12 oz - \$2.25 | 16 oz - \$2.55 | 20 oz – \$2.85

### Green Tea –

Gunpowder, Jasmine

### Black Tea -

Earl Grey, Breakfast Blend

### Herbal Tea

Spiced Rooibos, Orange Spice,

### Decaf Tea -



## Espresso- Double Shot Standard

### Breve

12 oz - \$3.59 | 16 oz - 4.15 | 20 oz – \$4.69  
Espresso with steamed half & half

### Shot In the Dark

12 oz - \$3.35 | 16 oz - \$3.59 | 20 oz – \$3.85  
Coffee fortified with espresso;  
If you like your coffee Intense, you will love this!

### Latte

12 oz - \$2.99 | 16 oz - \$3.55 | 20 oz – \$4.15  
Espresso, steamed milk topped with a dollop of foam

### Cappuccino

12 oz - \$2.99 | 16 oz - \$3.55 | 20 oz – 4.15  
1/3 espresso, 1/3 steamed milk, & 1/3 frothed  
Milk on top

### Macchiato

12 oz - \$2.49  
A double shot of espresso with a  
Dab of steamed & foamed milk on top

### Americano

12 oz - \$2.25 | 16 oz - \$2.49 | 20 oz – \$2.75  
Espresso & hot water: the Italian equivalent  
of Brewed coffee

### Espresso

1 oz - \$1.65 | 2 oz \$1.95  
The coffee purist’s delight: deep, rich & intense flavor

### French Press

Coarse Coffee & hot water brewed & served in a carafe

**EXTRA SHOTS:** Espresso, Syrup, Flavor – .89  
**MILK CHOICES:** Almond, Soy or Rice Milk - \$1.15  
**COFFEE BEANS:** \$12.99 pound – *ground or whole*



*Life Is Too Short to Drink Bad Coffee!*



## Jo “Cool” Chinnos

### Caramel Chinno \$4.35

This smoothie combines Columbian coffee with  
Vanilla cream, infused with Ghirardelli caramel

### Shaggachinno \$4.35

Blend of Ja’Mochachinno & vanilla topped with  
whipped cream & chocolate

### Ja’Mocha \$3.95

Smooth Columbian coffee infused  
with Ghirardelli Chocolate

### Ja’Mochachinno \$3.95

Dark roast Columbian coffee complimented by a  
hint of Ghirardelli cocoa

### Truly Latte \$3.95

This cool smoothie combines dark Columbian  
coffee with vanilla & cream

### Chai Chinno \$3.95

A perfect balance of spices blended with black tea

### Vanilla Chai Chinno \$3.95

Mellow & creamy with tones of wholesome honey &  
a hint of spice

### Heath Chinno \$3.95

A tasty toffee Ice Cream bar



## Hot Creations

*Try Iced or Blended!*

### Chai

12 oz - \$3.35 | 16 oz - \$3.59 | 20 oz – \$3.85  
Spiced caffeinated tea with steamed milk

### Café Au Lait

12 oz - \$2.25 | 16 oz - \$2.50 | 20 oz – \$2.75  
Half brewed coffee & steamed milk

### Telatte

12 oz - \$2.99 | 16 oz - \$3.55 | 20 oz – \$4.15  
It’s like a latte, but made with tea

### Hot Chocolate

12 oz - \$2.25 | 16 oz - \$2.75 | 20 oz – \$3.35  
Rich chocolate & velvety smooth steamed milk

### Steamer

12 oz - \$2.25 | 16 oz - \$2.75 | 20 oz – \$3.35  
Choice of one flavor in velvety smooth steamed milk

**Coffee by the Cup** (fair trade & organic)  
all sizes: \$1.50



## Fruit Smoothies

### Berry Fitness \$6.05

Four Berry puree, whey  
Protein, bee pollen &  
Ultimate nutrition

### Calypso \$4.35

Mango tropics puree  
& banana

### Peach Crème \$4.35

Peach puree &  
Smoothie vanilla crème

### Strawberry Colada \$4.35

Strawberry &  
pina paradise

### Strawberry Banana \$4.35 Cabana

Strawberry puree & banana

### Add-Ins: \$1.15

Ultimate Nutrition,  
Protein, Bee Pollen,  
Spirulina

### Strawberry Dream \$4.35

Strawberry puree,  
Dr. Smoothie vanilla  
Crème & banana

## Fresh Juices

### Ginger Jude \$5.75

Apple, carrot & ginger

### Healthy Sunrise \$5.75

Carrot, apple & beet

### Veggie Burst \$5.75

Carrot, beet & celery

### Pick Your Pleasure! \$5.75

You create a combination.

Pick from apple, carrot, beet & ginger



## Cool Beverages

### Italian Cream Soda \$3.19

An Italian soda with a shot of creamy  
half & half; Smooth & delicious

### Italian Soda \$2.85

Club soda with your choice of one flavor

### Virgil’s Root beer or Cream Soda \$1.75

### Blue Sky Soda - .75



### Day Starters

#### Chagel \$3.19

Egg & cheese on a toasted bagel  
also available on sundried tomato basil wrap

#### Chavagel \$3.39

Egg, cheese, red pepper & onion on a toasted bagel  
also available on sundried tomato basil wrap

#### Bagel \$2.39

**Bagel choices** – Plain, Everything or Whole Wheat;  
toasted bagel with choice of butter, dry, peanut butter,  
plain or strawberry cream cheese

#### Add Turkey \$1.25



### Paninis - Hot Grilled Sandwiches

#### Grilled Tuscany \$6.99

Olive oil infused ciabatta bread with provolone cheese,  
marinated Portobello mushrooms, roasted peppers,  
spring mix and roma tomatoes with our pesto mayo spread

#### Italiano \$6.99

Olive oil infused ciabatta bread, oven-roasted  
turkey, provolone cheese, spring mix, roma tomatoes  
& our pesto mayo spread

#### The Roma \$6.99

Focaccia bread, roma tomatoes, roasted peppers, red onion,  
provolone cheese, spring mix & our sundried tomato pesto

#### Roast Beef \$6.99

Ciabatta bread, romaine lettuce, red onion,  
cheddar cheese & BBQ dressing

#### Jude's Vegetable Delight \$6.99

Focaccia bread with crispy romaine, red pepper, red onion,  
cucumber, roma tomatoes, provolone cheese topped with  
sprouts & our pesto mayo spread

#### Milan \$6.99

Herbed flat bread, marinated chicken, romaine  
lettuce, roma tomato, roasted pepper, feta cheese, provolone

#### Grilled Cheese \$4.99

A classic comfort food for all ages



## Sandwiches

#### Shaved Turkey \$6.29

Smoked turkey, provolone cheese, crispy  
Romaine, tomato, & honey mustard spread

#### Smoked Chicken Salad \$6.49

Loaded with our hardwood smoked  
Chicken salad, grapes, apples, walnuts, crispy  
Romaine lettuce & tomato

**Bread Choices:** Honey Wheat, Sour Dough Hoagie,  
or Sundried Tomato Basil Wrap

**Combine any 1/2 sandwich with a bowl of soup \$7.25**

### Kids Pack

#### Turkey Griller \$5.39

Turkey, American cheese, grilled  
on whole wheat bread

#### PB&J: The Organic \$5.29

Organic creamy peanut butter & jelly sandwich

**Grilled Cheese:** The Classic \$4.49  
our take on an American classic

*\*served with juice & cookie*



### Salads/Soup

#### Berry Good (Seasonal) \$7.15

Spring mix with berries & feta cheese crumbles

#### Fiesta \$6.45

Grilled chicken, black beans, corn, roasted red &  
yellow peppers, shredded cheddar, crispy romaine  
lettuce, topped with Caribbean mango dressing

#### Spring Mix \$5.99

Mixture baby lettuce, tomato, feta cheese crumbles,  
topped with our tasty raspberry vinaigrette &  
garnished with mandarin oranges

#### Soup \$4.25

Two different soups daily. Ask for today's selections

**We love call in orders! 335-0500**



## Specialty Foods

#### Chicken Vegetable Curry or Beef Bowl \$7.25

Both served over a bed of rice. Beef bowl made  
with green & yellow onion, noodles, special sauce.  
chicken curry bowl made with vegetables &  
curried sauce - Available **Thursdays Only**

**Sushi** - Available **Fridays Only** – Menu on Website

**Swedish Pancakes** \$5.49 | Lingonberries .50  
A thin crepe pancake served with real maple syrup,  
with fresh fruit, & whip cream

Available **Saturdays:** 8:00 a.m. – 10:00 a.m. Only.



**2503 S.E. Washington Boulevard  
Bartlesville, OK 74006**

**(918) 335-0500**

*(Next to Food Pyramid)*

### Hours of Operation:

**Monday–Friday:**

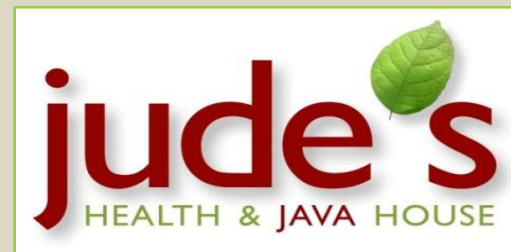
6:00 a.m. – 6:00 p.m.

**Saturday:**

7:00 a.m. – 6:00 p.m.



[www.healthandjava.com](http://www.healthandjava.com)



**Specialty Drinks, Numi  
Leaf Teas, Espresso,  
Lattes, Smoothies,  
Chinnos & Much  
More!**

**Day Starters,  
Sandwiches, Paninis,  
Wraps, Salads,  
Specialty Foods, &  
Kids Meals! We Cater!**

**Oriental Massage  
Therapy, Hot Stone  
Acupuncture, Anma,  
Japanese Shiatsu,  
Aromatherapy & more!**

**Fitness Supplements,  
Organic Health Food,  
Vitamins & Minerals,  
Herbs! FREE health  
consultations &  
nutrition plans**

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